TYLER PATTEN

MSN, APRN, PMHNP-BC · *Board-Certified Psychiatric-Mental Health Nurse Practitioner*

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PROFESSIONAL SUMMARY

Board-certified Psychiatric-Mental Health Nurse Practitioner with more than 4,200 psychiatric patient encounters across inpatient, outpatient, residential, and telehealth settings, built on six years of registered nursing that includes inpatient psychiatry. Currently provides acute inpatient psychiatric care at Castleview Hospital and leads Affordable Psych, an adult telehealth practice. Experienced in crisis stabilization, complex psychopharmacology, interventional treatments (Spravato and ketamine), and medical director oversight. Integrates whole-person and lifestyle factors with evidence-based psychiatric treatment. Licensed in Utah, Nevada, and Idaho, and committed to expanding access to psychiatric care in rural and underserved communities.

LICENSURE & CERTIFICATION

Board Certification	PMHNP-BC (Across the Lifespan), American Nurses Credentialing Center · exp. 06/2029
Utah	APRN, Psychiatric-Mental Health · exp. 01/2028 Controlled Substance License, Schedules II–V
Nevada	APRN-CNP, Psychiatric-Mental Health · exp. 02/2028
Idaho	Behavioral Telehealth Psychiatric Nurse Practitioner · exp. 09/2027
Florida	Out-of-State Telehealth Provider Registration
DEA Registration	Utah, Schedules II–V · exp. 03/2027
Pending	APRN licensure: Arizona, Washington, Maryland

EDUCATION

Walden University — *MSN, Psychiatric-Mental Health Nurse Practitioner* **05/2024**

Western Governors University — *BSN, Nursing* **12/2018**

Utah Tech University (formerly Dixie State) — *BS, Psychology* **06/2015**

CLINICAL EXPERIENCE

Castleview Hospital (Lifepoint Health)
09/2026 – Present

Psychiatric-Mental Health Nurse Practitioner, Inpatient Behavioral Health Unit — *Price, UT*

- Provide inpatient psychiatric care on Utah's first rural inpatient psychiatric unit, serving Carbon, Emery, and surrounding mental health shortage-area counties
- Perform admission psychiatric evaluations, crisis stabilization, and daily medication management for adults in acute psychiatric crisis
- Partner with the interdisciplinary treatment team on safety planning, discharge planning, and coordination of outpatient follow-up

Affordable Psych (ATP Mental Health, PLLC)
07/2025 – Present

Founder & Psychiatric-Mental Health Nurse Practitioner — *Telehealth · UT, NV, ID*

- Founded and operate a telehealth psychiatry practice delivering affordable, transparently priced care to adults in Utah, Nevada, and Idaho
- Provide psychiatric evaluation and medication management for depression, anxiety, bipolar and mood disorders, OCD, and ADHD
- Built all clinical and business operations: EMR and patient portal, clinical protocols, patient education materials, payer credentialing, and referral partnerships with community therapists

Integrated Psych
07/2024 – 07/2026

Psychiatric-Mental Health Nurse Practitioner (contract) — *St. George & Cedar City, UT · Mesquite, NV*

- Completed approximately 3,700 patient encounters, including 330+ new-patient psychiatric evaluations for adolescents and adults, in person and via telehealth across rural southern Utah

- Administered and monitored 330+ Spravato (esketamine) REMS treatments and 160+ ketamine treatments; provided supervision of TMS services
- Applied brief therapeutic techniques, including motivational interviewing and solution-focused approaches, alongside medication management
- Collaborated with therapists, primary care providers, and families to optimize individualized treatment plans

Forte Strong **11/2024 – 09/2026**
Medical Director & Psychiatric-Mental Health Nurse Practitioner (contract) *St. George, UT*

- Directed psychiatric care for a residential life-skills program for men 18 and older, completing 430+ resident encounters
- Managed psychiatric medication regimens, ordered and evaluated laboratory studies, and tracked therapeutic outcomes
- Coordinated physical healthcare with local physicians and trained staff in psychopharmacology, trauma-informed care, and behavioral interventions

NURSING EXPERIENCE

Zion's Way Home Health & Hospice **05/2022 – 03/2025**
Registered Nurse, Case Manager *St. George, UT*

- Led interdisciplinary care coordination for terminally ill patients and those recovering from acute illness
- Managed pain, behavioral symptoms, and medication reconciliation for homebound patients; on-call coverage

Lifeways Hospital **11/2020 – 05/2022**
Registered Nurse, Inpatient Psychiatry

- Delivered crisis stabilization care on a locked adult psychiatric unit
- Monitored medication response, behavioral safety, and suicide risk in a high-acuity population

Fresenius Medical Care, Honolulu Acute Dialysis **05/2020 – 11/2020**
Registered Nurse, Acute Dialysis *Honolulu, HI*

- Performed inpatient dialysis for acutely ill hospitalized patients in collaboration with nephrology

Grifols Biomat Plasma Center **02/2019 – 05/2020**
Registered Nurse, Medical Staff

- Conducted donor physical examinations and screening labs; managed hypotensive and allergic reactions

Fresenius Medical Care, Liberty Dialysis **11/2018 – 05/2020**
Registered Nurse, Chronic Hemodialysis

- Provided hemodialysis and patient education for adults with end-stage renal disease

EARLIER HEALTHCARE EXPERIENCE

Southern Utah Kidney & Hypertension Center — *Medical Assistant* **07/2015 – 11/2018**
Dixie Regional Medical Center — *Certified Nursing Assistant, Cardiovascular Unit* **09/2012 – 07/2015**

PROFESSIONAL DEVELOPMENT

- Functional Medicine for Clinical Psychiatry Practitioner certification, Psychiatry Redefined (in progress): gut-brain axis, mitochondrial function, inflammation in mental illness, and nutraceutical therapies
- Ongoing CME in psychopharmacology and integrative psychiatry (Psychopharmacology Institute)
- Cultural Competency Training, Castleview Hospital (2026)

CLINICAL SYSTEMS & SKILLS

EHR: OptiMantra, athenahealth, IMS **Telehealth:** Doxy.me **Prescribing:** eRx (EPCS), state PDMP portals
Interventional: Spravato REMS, IM ketamine, TMS supervision **Diagnostics:** pharmacogenomic testing, Genova Diagnostics, gut microbiome testing, hair mineral analysis

AFFILIATIONS & RECOGNITION

American Association of Nurse Practitioners (AANP), Member since 2024 · Dean's List Scholarship, Utah Tech University (2009) · Eagle Scout (2005)

Professional references available upon request